



# Shri Govind Guru University

(Established Vide Gujarat Act No. 24/2015)

(State Government University)

श्री गोविंद गुरु युनिवर्सिटी

(ગુજરાત એક્ટ નં. ૨૪/૨૦૧૫ દ્વારા સ્થાપિત)

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SGGU/ESTA/REC/T/ 690/2025

Date: 13-02-2025

## CIRCULAR

The eligible candidates for the post of Director of Physical Education are informed to take note of the below given norms/conditions of recruitment as per the University Grants Commission Regulations, 2018, The Gujarat Public Universities Act – 2023 and The Gujarat Public Universities Uniform Statutes, 2024.

All eligible candidates shall have to produce a Medical Certificate from Government Civil Hospital before undertaking Physical Fitness Test as and when scheduled as per (a) of the Physical Fitness Test norms mentioned below.

### Rules and Regulations for the Appointment of Director of Physical Education

#### The Tenure of Director of Physical Education:

As per Statute No.19 (4) of The Gujarat Public Universities Uniform Statutes, 2024 "The Appointment of the Director of Sports and Physical Education shall be for a **term of five years** or the age of superannuation, whichever is earlier, and he/she shall not be eligible for re-appointment in that university."

#### Physical Fitness Test Norms:

Physical Fitness Test Norms as per the University Grants Commission Regulations, 2018 for the post of Director of Sports and Physical Education are as under:

- (a) Subject to the provisions of these Regulations, all candidates who are required to undertake the physical fitness test are required to produce a medical certificate certifying that he/she is medically fit before undertaking such tests.
- (b) On the production of such certificate mentioned in sub-clause (a) above, the candidate would be required to undertake the physical fitness test in accordance with the following norms:

NORMS FOR MEN			
12 MINUTES RUN/WALK TEST			
Upto 30 Years	Upto 40 Years	Upto 45 Years	Upto 50 Years
1800 metres	1500 metres	1200 metres	800 metres

  

NORMS FOR WOMEN			
8 MINUTES RUN/WALK TEST			
Upto 30 Years	Upto 40 Years	Upto 45 Years	Upto 50 Years
1000 metres	800 metres	600 metres	400 metres



*S. J. J.*  
Registrar

Shri Govind Guru University  
Godhra

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